

Curriculum Vita

Personal Background:

First Name: Seyedeh Saeideh

Family Name: Babazadeh-Zavieh

Date of Birth: ۱۹۹۰ Jan. ۲۰

Nationality: Iranian

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Educational Background:

Degree	Location	Date
Ph.D. in physiotherapy	Tehran University of Medical Sciences	۲۰۱۷-۲۰۲۲
M.Sc.in physiotherapy	Iran University of Medical Sciences	۲۰۱۴-۲۰۱۷
B.Sc.in physiotherapy	Tabriz University of Medical Sciences	۲۰۱۰-۲۰۱۴

Research Activity:

Ph.D. Thesis: The effects of Dry Needling with exercise therapy on wrist flexor spasticity, motor function, and motor neuron excitability in patients with chronic stroke.

M.Sc. Thesis: Effects of pelvic floor physiotherapy (exercise therapy and biofeedback) with and without weight loss in the treatment of some clinical signs in obese women with urinary incontinence.

Papers:

۱. Seyedeh Saeideh Babazadeh-Zavieh, Siamak Bashardoust Tajali, Seyed Mohammad Jafar Haeri, Amirhossein Shamsi. Effects of Transcutaneous Electrical Nerve Stimulation (TENS) on Chronic Pelvic Pain in Women: A Systematic Review and Meta-Analysis. *Complement Med Res* ۲۰۲۳;۳۰:۱۶۱-۱۷۳. <https://doi.org/10.1159/000528133>
۲. Seyedeh Saeideh Babazadeh-Zavieh, Nouredin Nakhostin Ansari, Nastaran Ghotbi, Soofia Naghdi, Seyed Mohammad Jafar Haeri, Brandon S. Shaw, Ina Shaw. Effects of dry needling and exercise therapy on post-stroke spasticity and motor function– protocol of randomized clinical trial. *Contemporary Clinical Trials Communications*. ۲۰۲۲: ۲۸۱۰۰۹۲۱. <https://doi.org/10.1016/j.conctc.2022.100921>
۳. Babazadeh_Zavieh SS, Vasaghi-Gharamaleki B, Nikjooy A, Haeri SM, Sarrafzadeh J. Effects of Pelvic Floor Physiotherapy, with or without Weight Loss, on Urinary Incontinence in Obese Women: A non-Randomized Single Blind Clinical Trial. *Journal of Rehabilitation Sciences & Research*. ۲۰۲۲: ۳۰. doi:10.30476/JRSR.2022.93239,1227
۴. Seyedeh Saeideh Babazadeh-Zavieh, Nouredin Nakhostin Ansari, Nastaran Ghotbi, Soofia Naghdi, Korosh Mansoori, Mohammadreza Khanmohammadi, Seyed Mohammad Jafar Haeri. Effects of Dry Needling plus Exercise Therapy on Post Stroke Spasticity and Motor Function – A Case Report. *Complementary Therapies in Clinical Practice* ۴۶ (۲۰۲۲) ۱۰۱۵۲۰. <https://doi.org/10.1016/j.ctcp.2021.101520>
۵. Seyedeh Saeideh Babazadeh-Zavieh, Nouredin Nakhostin Ansari, Nastaran Ghotbi, Soofia Naghdi, Seyed Mohammad Jafar Haeri, Mohammadreza Khanmohammadi, Korosh Mansoori, Combined effects of dry needling and exercises therapy on muscle spasticity and motor function in chronic stroke: a pretest-posttest pilot study. *Explor Neuroprot Ther.*, ۲۰۲۲;۲:۱۰۰-۱۰۹. <https://doi.org/10.3733/ent.2022.00021>

٦. Haeri SMJ, Ebrahimi B, Faghieh M, Babazadeh-Zavieh SS, Dashti GR. Human thumb consists of three phalanges and lacks metacarpal? A morphometric study on the long bones of the hand. *Surg Radiol Anat.* ٢٠٢٢ Aug;٤٤(٨):١١٠١-١١٠٩. doi: ١٠,١٠٠٧/s٠٠٢٧٦-٠٢٢-٠٢٩٨٦-٩. Epub ٢٠٢٢ Jul ٢٨. PMID: ٣٥٩٠٠٥٩٣. DOI: ١٠,١٠٠٧/s٠٠٢٧٦-٠٢٢-٠٢٩٨٦-٩
٧. Validity and reliability of the movement assessment battery second edition test in children with and without motor impairment: A prospective cohort study Mahboubeh Ghayour Najafabadi, Behnaz Saghaei, Ardalan Shariat, Lee Ingle, Seyedeh Saeideh Babazadeh-Zavieh, Masoumeh Shojaei, Afkham Daneshfar. *Annals of Medicine and Surgery* ٧٧ (٢٠٢٢) ١٠٣٦٧٢. <https://doi.org/١٠,١٠١٦/j.amsu.٢٠٢٢,١٠٣٦٧٢>
٨. Babazadeh-Zavieh SS, Vasaghi-Gharamaleki B, Nikjooy A, Haeri SM, Ardekani AS. The Relationship Between Urinary Incontinence and Anthropometric Indices in Obese Women. *Journal of Modern Rehabilitation.* ٢٠١٩;١٣(٣):١٧١-١٧٨. doi.org/١٠,٣٢٥٩٨/JMR.١٣,٣,١٧١
٩. Babazadeh ZS, Vasaghi GB, Nikjooy A, SARRAFZADEH J. Effects of age, menopause, diabetes, drinking fluids, and regular exercise on urinary incontinence in obese women based on anthropometric indices. *Scientific Journal of Rehabilitation Medicine* ٢٠١٨;٧(٣):٢٢٦-٢٣٥. DOI: ١٠,٢٢٠٣٧/jrm.٢٠١٨,١١٠٩٦٣,١٦٥٧
١٠. Babazadeh-Zavieh, Saeideh, Haeri, Mohammad Jafar. Shariat, Ardalan. Ethical Principles in Telerehabilitation: A Narrative Review. *J Islamic Life Style. Islamic Life Style.* ٢٠٢٣: ٧ (١). URL: <http://islamiclifej.com/article-١-١٤٣٨-fa.html>.

Oral Presentations:

- Effect of pelvic floor rehabilitation on urge urinary incontinence (A case study). the International Neuro-Urology Congress (۸-۱۰ Dec. ۲۰۱۶, Tehran, Iran).
- Effects of pelvic floor physiotherapy (biofeedback and exercise therapy) on a ۶۰ years old woman with urge urinary incontinency. The Elderly Congress of Dr. Hakimzadeh (۲۰-۲۱ Nov. ۲۰۱۶, Iran).
- Effects of pelvic floor physiotherapy (exercise therapy and biofeedback) with weight loss protocol in the treatment of some clinical signs of obese women with urinary incontinence. The ۳th Annual Congress of Iranian Society of Physical Medicine, Rehabilitation, and Electrodagnosis (۱۷-۱۹ Jan. ۲۰۱۸, Tehran, Iran).
- Effects of age, menopause, diabetes, drinking fluids, and regular exercise on urinary incontinence in obese women based on anthropometric incidence. The International Multidisciplinary Neuro-Urology Congress (Nov. ۲۰۱۸, Iran).
- Effects of transcutaneous electrical nerve stimulation on chronic pelvic pain. The International research day. TUMS. (Mar. ۲۰۲۱, Tehran).
- Therapeutic Effects of Dry Needling with Exercises Therapy on Spasticity and Motor Function in Post-Stroke Patients: A Pilot Study. ۳۲th Physiotherapy Congress. (۲-۴ Feb ۲۰۲۲. Tehran, Iran).
- Complementary and alternative in stroke Rehab. ۱۳th Stroke Congress. (۱۰-۱۷ Dec ۲۰۲۲. Tehran, Iran).
- Effect of rehabilitation on wrist active range of motion in chronic post stroke patients: A narrative review. ۱۱th Basic and clinical Neurosciences Congress. (Feb ۱۳-۱۴, ۲۰۲۳).

Poster Presentation:

- The correlation between anthropometric indices and lumbar lordosis with urinary incontinence in obese women. The ۱th International and ۳th Annual Congress of Iranian Physiotherapy Association. (۲۴-۲۶ May. ۲۰۱۷, Tehran, Iran).

- Effect of age, menopause, diabetes, drinking fluids, and regular exercise on urinary incontinence in obese women. The Elderly Congress of Dr. Hakimzadeh (۲۰-۲۱ Nov. ۲۰۱۶, Iran).
- Effect of electrotherapy on pelvic disorders. Novelty in Electrotherapy Congress. (Nov. ۲۰۱۴, Iran).
- Effect of dry needling on temporomandibular disorder. Physiotherapy in Musculoskeletal Disorders Congress. (Nov. ۲۰۱۵, Iran).
Annual Iranian physiotherapy Congress (Mar. ۲۰۱۶, Iran).
- Poster presentation in ۳rdInternational and ۲۹th Annual Congress of Iranian Physiotherapy Association. (May. ۲۰۱۸, Iran).
- Effects of Transcutaneous Electrical Nerve Stimulation (TENS) on Chronic Pelvic Pain in Women. ۳rdInternational and ۳۰th Annual Congress of Iranian Physiotherapy Association. (Jun. ۲۰۱۹, Iran).

Books:

- Pelvic Floor Functional Improvement- Evaluation and Treatment. Afsaneh Nikjooy, Seyedeh Saeideh Babazadeh-Zavieh. ۲۰۱۸.
- Clinical Anatomy of Upper Limb. Seyed Mohamad Jafar Haeri, Somayeh Fallahnezhad, Seyedeh Saeideh Babazadeh-Zavieh. ۲۰۲۰.
- Clinical Anatomy of Upper Limb. Seyed Mohamad Jafar Haeri, Somayeh Fallahnezhad, Seyedeh Saeideh Babazadeh-Zavieh. ۲۰۲۱.

Workshop Certificates:

- Dry Needling Techniques Course (Iran)
- Pelvic Floor Physiotherapy Techniques Course (۱۰ days' workshop in IUMS).